

Absolutely No Glowing Screens Until:

Morning:

- Bedroom Clean (includes making of bed, putting away clothes)
- Dressed
- Breakfast
- Teeth Brushed & Hair Done
- Any learning assignments completed and reviewed by Mom
- One Chore

Afternoon:

- Read at least 25 minutes
- One Chore
- Done something creative, active, or productive for at least 45 minutes

Glowing Screen Time:

- 30
- 30
- 30
- 30
- 30
- 30



Chore list:

- Wipe Down Bathroom
- Clean Toilet
- Feed Dogs
- Dust (doorframes, computer desk, living/family/dining)
- Vacuum Hardwoods
- Wash Hardwoods
- Vacuum Carpet (one house level)
- Vacuum Stairs
- Dishes
- Help With Laundry
- Tidy Room of Requirement
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- Suggest a Chore
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- Mom Requested Chore
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