

Blind Contour drawing trains the eye to draw what it really sees instead of what it thinks it sees.

Activity: Students will draw complicated objects like cups, scissors or their hands while only looking at the object not at their drawing. Your drawings will look funny, but if you do practice often enough they will begin to look much more realistic. After at least two drawing sessions each student may complete a normal drawing of the same object. **Detailed steps to blind contour drawing:**

Step 1: Pick an object to draw.

Step 2: Look at the object and pick a spot on the edge of the object you can begin drawing from.

Step 3: Put your pencil to the paper and begin to move the pencil slowly as your eyes travel along the object. Do not look at your page.

Step 4: Keep going until you feel as though you've covered the entire object. Then have a look and a laugh at how it turned out.

Step 5: Try at least one more object.